

SPECIAL OLYMPICS
COMPETITIONS

Special Olympics
of
Greater Cleveland
Speed Skating &
Figure Skating Meet
TBD



OPEN TO THE PUBLIC
SPECTATORS WELCOME!!



Special Olympics Ohio
State Winter Games
Kent State Ice Arena
February 1 - 2, 2012



TRINITY WILD EAGLES



Special Needs Hockey Team



Special Olympics
Ohio

Trinity Special Olympics
is accredited by
Special Olympics Ohio
and Special Olympics, Inc.
and is registered under
Special Olympics Ohio Cuyahoga Trinity
with the Department of Treasury,
Internal Revenue Service,
as a non-profit charitable organization.

This sports training program relies on
contributions from individuals,
civic groups, corporate sponsors and gifts.
The entire program involves volunteers
from the community and the families
of the athletes for organizing and conducting
all of the various fundraising events
throughout the year.

All classes are held at
Serpentini Arena
@
Winterhurst

14740 Lakewood Hts. Blvd.
Lakewood, Ohio 44107

For further information:
216 - 529 - 4400

Sharon Stark
Local Coordinator

tsolympics@hotmail.com

Trinity Special Olympics
22861 Mastick Rd.
Fairview Park, OH 44126

Trinity
Special
Olympics
ICE SKATING
Training
Program
Session 1 & 2

2011



fun
friends
lessons
exercise
competitions
special events

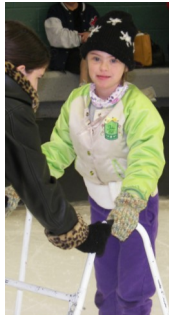
WHAT IS THIS PROGRAM?

The Trinity Special Olympics training program offers specialized ice skating instruction to individuals, and small groups, who demonstrate a need for more personalized and individualized instruction. Ice skating instruction includes one-on-one assistance on the ice by trained volunteer assistants from the community, and group instruction by qualified instructors under the supervision of the founder and Program Director, who has 35 years of experience in the field.

WHO CAN LEARN TO SKATE?

Eligible persons are children starting at age 5, up to and including adults, with one or more of the following:

- Intellectual disabilities
- Cognitive delays
- Multi-handicapped
- Sensory impairments
- Autism and related disorders
- Balance and coordination deficits
- Physical impairments



WHO HELPS?

VOLUNTEERS from our community help on the ice, on a one-to-one basis as needed. Volunteers are recruited from the community and trained to meet the special needs of the variety of skaters.

A "buddy" system is used for ongoing training of volunteers who join our program throughout the season.

Volunteers come from a diverse skating background of recreational skating, figure skating, speed skating and hockey.

Volunteers with skating experience are always welcome and appreciated!

We also need non-skating volunteers to assist with skates and equipment.

VOLUNTEER TRAINING PROVIDED

WHAT KIND OF SKATING IS TAUGHT?

DEVELOPMENTAL SKATING

- Specialized equipment and accessories are available to physically assist students, while learning balance and gliding on and off the ice.
- Games, activities, music and ice toys are used as teaching tools.
- Safety helmets, gait belts, walkers and other assisted devices are available.
- Excellent quality figure, hockey and speed skates are available on a loan basis.

FIGURE SKATING

- Beginning level skaters "learn - how - to - skate" (a specific developmental skill building program)
- Intermediate / Advanced level skaters
- **Special Olympics training for competition** (compulsory elements, freestyle, pair skating, ice dancing)
- Choreography for competition & performance



SPEED SKATING

- Beginning level "learn - how - to - speed skate"
- Advanced techniques, drills & sports specific training
- On and off-ice conditioning
- **Special Olympics training** for local, area, state and world level competitions
- Safety equipment is required and supplied.

REGISTRATION FOR ALL CLASSES

Session # 1 ~ August 28, 2011
(at picnic)

Sept. 11, 2011 (at Winterhurst)

Session # 2 ~ Oct. 23, 2011
3:30 - 6:00 PM

at
Serpentini Arena @ Winterhurst

Register in-person during class time
~ OR ~

Call and make arrangements for
registration during the week.

DONATION

\$60.00 per session

One session = 6 classes

Make checks payable to:

TRINITY SPECIAL OLYMPICS

For further information call :

Sharon Stark
216 - 529 - 4400 xt.105



FALL SEMESTER

SUNDAY CLASS TIMES

Advanced Figure Skating 3:40 - 4:50 PM
Beginner/Learn-to-Skate 5:00 - 5:50 PM
Speed Skating 6:00 - 6:50 PM

DATES

1 Sept. 18, 25, Oct. 2, 9, 16, 23, 30

2 Nov. 6, 13, 20, Dec. 4, 11, 18
FAMILY HOLIDAY SKATE DEC. 18th

WELCOME NEW SKATERS!

SPECIAL NEEDS ICE HOCKEY

- Introduction to "learn-to-play" hockey through developmental skills taught by certified hockey coaches...
- Including conditioning, drills and power skating.
- Safety equipment required & provided.

TRINITY WILD EAGLES

SATURDAY'S

9:40 - 10:30 AM

1 Sept. 17, 24, Oct. 1, 8, 15, 22, 29

2 Nov. 5, 12, 19, Dec. 3, 10, 17